

PSYCHIATRIC PHARMACISTS

Improving access, outcomes and cost



25%
shortage of
psychiatrists
by 2025

HRSA, 2017



44.7
million adults
experience
mental illness
in a given year

NIMH, 2018



\$225
billion are
spent on
mental health
annually

SAMHSA, 2014

Psychiatric pharmacists are advanced practice clinical pharmacists who specialize in mental health care. With an extensive knowledge of medication management, they are skilled at treating the whole patient. They strengthen the mental health team by working directly with patients, improving outcomes and saving lives.



PSYCHIATRIC PHARMACISTS ADD UNIQUE VALUE

Part of the team, part of the treatment.

In collaboration with the health care team, patients, and caregivers, psychiatric pharmacists:



PRESCRIBE* or recommend appropriate medications



RESOLVE drug interactions



EVALUATE responses and modify treatment



SUPPORT medication adherence



MANAGE medication adverse reactions



PROVIDE medication education

*Prescriptive and practice authority varies by state and practice setting.



EXPANDED PHARMACY EDUCATION

- **6-8 YEARS** Undergraduate and Doctor of Pharmacy Degrees
- **1 YEAR** General Pharmacy Residency
- **1 YEAR** Psychiatric Residency
- **CERTIFY** by examination



Board Certified Psychiatric Pharmacist (BCPP)

(+ recertification every 7 years)

COMMON PLACES OF PRACTICE



Government supported hospitals or clinics (VA, Dept. of Defense, state)



Public, private, and academic hospitals



Outpatient mental health clinics



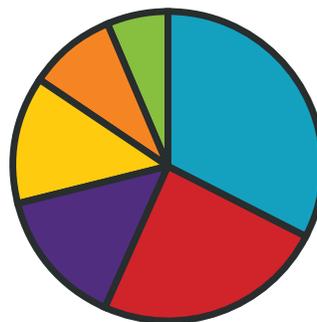
Outpatient primary care clinics



Prisons and correctional facilities

TYPES OF MEDICATION-RELATED PROBLEMS RESOLVED BY PHARMACISTS

Medication Management Systems, 2010



- **30.9%** Untreated condition
- **22.8%** Inadequate dose
- **13.5%** Poor adherence
- **12.6%** Adverse reaction
- **8.8%** Ineffective medication
- **5.8%** Unnecessary medication

38%

improvement in patient
depression response rates
when working with a
psychiatric pharmacist.

JPP, 2016

This information brought to you by the College of Psychiatric and Neurologic Pharmacists (CPNP), a professional association representing psychiatric pharmacists nationwide. Our members integrate into teams of health care professionals, making a difference in overall costs, treatment efficiencies, patient recovery and quality of life.

More information and references available at CPNP.org/392646.

